

Sunshine Day Camp 2015

“A social skills program in a day camp setting”

A supportive environment hosted by the
Learning Disabilities Association of Ottawa-Carleton

For Who?	For children 7 to 12 years of age (who have a suspected learning disability, AD(H)D, and/or anxiety).
When?	<p>Three Summer Camp Sessions: Session 1: July 6th - July 17th, 2015 Session 2: July 20th - July 31st, 2015 Session 3: August 10th - August 21st, 2015</p> <p>Time: 9:00 a.m. to 3:30 p.m. Pre Care: 8:30 to 9:00am at a daily cost of \$5.00 per day Post Care: 3:30 to 4:30pm at a daily cost of \$10.00 per day</p>
Where?	Sunshine Day Camp will take place at Robert Bateman Public School, 1250 Blohm Road (just north of Conroy Rd & Hunt Club Rd.)
How Much?	\$600 for a two week session. Payment plans can be negotiated.
Staffing	Staff to child ratio of 1:4.
How to register?	Please contact the office at LDAO-C for an application package or download the application from our website: www.ldaottawa.com phone number: 613-567-5864 or e-mail: programs@ldaottawa.com
Registration Deadline	<p>Program fills quickly so early registration suggested.</p> <p>Camp fee is non-refundable after June 1, 2015</p>

Program Philosophy:

The Sunshine Day Camp teaches children social skills to enhance personal development. Social skills in communication, self-control, problem-solving, leadership and peer relations, empower children to initiate and maintain positive relationships with others.

The Sunshine Day Camp focuses on the teaching of social skills through discussion, modeling, and role-playing positive attitudes, personal choice and responsibility, while maintaining an emphasis on the desirable outcome of changing behaviour. Social skills are reinforced and modeled throughout all of our structured, non-competitive and fun-filled activities including: arts & crafts, music, sports, and more.

Our goal is to help children understand not only the skill being taught, but its importance and how it's applicable in social settings.

Pro-Social Skills:

Some of the age-appropriate, pro-social skills that we emphasize are as follows:

Skills	Description
Introducing Oneself Ways to Make Friends	<ul style="list-style-type: none">• Listening• Manners• Sharing and Cooperating
Responding to Teasing Being a Good Winner and Loser	<ul style="list-style-type: none">• Asking For Help• Importance of self• Joining in/Waiting your turn• Following Directions
Dealing with Frustration, Anxiety Problem Solving Relaxation	<ul style="list-style-type: none">• Relaxing• Trying when something is hard• Ignoring Distractions• Understanding Feelings

Camp Staff:

Staff	Description
Camp Director / Behavioural Specialist	The Camp Director will be available throughout the day to consult, lead program and offer support.
Counsellors	All of our counsellors are trained to work with children with LD/ADHD and have previous experience working with children with special needs. The staff is made up of Child and Youth Workers, teachers, and/or university/college students with backgrounds in psychology, education and/or child development.

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Application Process:

1. Once the application form is submitted and has been reviewed, a telephone assessment will be done with the LDAO-C staff.
2. Payment can be made via cash or cheque made payable to the: Learning Disabilities Association of Ottawa-Carleton (LDAO-C).
3. Please verify that the registration is complete by filling out the registration form check-list.
4. Upon receiving your completed application and payment, a member of our staff will be in touch to set up a screening interview with you and your child.
5. ****Submission of this application does not guarantee a spot in our camp program.**
6. If the camp is deemed inappropriate for the child prior to start date, the fees will be refunded.
7. Full payment is required by May 31st, 2015.

